



## Getting the Reps with: NBA Player Jason Collins

### Welcoming Environments

#### Key Takeaways

- When we step into a room and we're different from the people in it we all want to feel welcome and accepted.
- The language that you use matters - for example using gender neutral pronouns when talking about significant others.
- How you talk about people in a given community can project allyship and support or can make those people feel scared or uncomfortable.

#### Things to Think About

- When you walk into a room or you're around a new group of people, how do you want to feel?
- What are some examples of things that might make someone feel uncomfortable or unwelcome?
- What are some ways that you might make different types of people feel welcome?

#### Ways to Practice

- Pick a group of people who are different from you in some way and come up with two ways you could show acceptance through your language or behavior.
- Try to notice when people around you use language or act in ways that are unwelcoming. Can you speak up in that moment?

